



**SOM LALIT SCHOOL**  
**G.A. YEAR PLAN 2026-2027**  
**GRADE: NURSERY**

<b>BOOK: The Burlington Magic of Early Years: World around me activity book, Wellness and well-being activity book.</b>	
<b>Month</b>	<b>Topic!</b>
<b>April-May (25) Pds (30)</b>	<b>World around us:</b> Concept of This is me!, Feeling & expression <b>Wellness and well-being:</b> Introduction of Animal yoga, Balance beam butterfly, Blowing of bubbles (Pg. 4 to 11)
<b>June (18) Pds (19)</b>	<b>World around us:</b> Concept of About Myself, My face (Pg. 4,5) <b>Wellness and well-being:</b> Introduction of Colouring choice, Dance party, Emotion act, Finger painting (Pg. 12 to 15)
<b>July (24) Pds (28)</b>	<b>World around us:</b> Concept of I am feeling, My body, Colours (Pg. 6 to 11) <b>Wellness and well-being:</b> Introduction of Guided imagery, Health choices, Hide and seek, Imaginative play (Pg. 17 to 21)
<b>August (21) Pds (23)</b>	<b>World around us:</b> Introduction of Being clean, My family, My Home (Pg. 12 to 18) <b>Wellness and well-being:</b> Interactive imitation, Jungle adventure, Kooky knees, Kinaesthetic play (Pg. 22 to 27)
<b>September (3) + (14) Pds (17)</b>	SLC Practice *SLC <b>World around us:</b> Introduction of My school, Seasons (Pg. 19 to 27) <b>Wellness and well-being:</b> Listening to bingo, Make a mess, Nature walk, On the road, Obstacle course (Pg. 28 to 32)
<b>October (21) Pds (23)</b>	<b>World around us:</b> Introduction of Day and night, Causes and effects, Fruits, and vegetables (Pg. 28 to 34) <b>Wellness and well-being:</b> Parachute play, Quality connection, Read aloud, Sing songs (Pg. 33 to 36)

<p><b>November (10)</b> <b>Pds (12)</b></p>	<p><b>World around us:</b> Introduction of Healthy and junk food, Flowers (Pg. 35 to 37) <b>Wellness and well-being:</b> Touch me not, Tiny tasks, Use your senses, Vibrant art (Pg. 37 to 40)</p>
<p><b>December (24)</b> <b>Pds (26)</b></p>	<p><b>World around us:</b> Introduction of Animals, Birds, Insects (Pg. 38 to 46) <b>Wellness and well-being:</b> Water play, What can I eat?, Xylophone fun (Pg. 41 to 43)</p>
<p><b>January (20)</b> <b>Pds (22)</b></p>	<p><b>World around us:</b> Introduction of Vehicles, Our helpers. (Pg. 47 to 52) <b>Wellness and well-being:</b> Yoga bunny, Zen doodling, doodle mandala (Pg. 44 to 48)</p>
<p><b>February (21)</b> <b>Pds (24)</b></p>	<p>Revision of all topics of term 2</p>
<p><b>March (2) + (3)</b> <b>Pds (2)</b></p>	<p>SLC Practice <b>SLC</b></p>