



**SOM LALIT SCHOOL**  
**G.A. YEAR PLAN 2026-2027**  
**GRADE: SR. KG.**

<b>BOOK: WORLD AROUND ME, WELLNESS AND WELL-BEING ACTIVITY BOOK</b>	
<b>Month</b>	<b>Topic!</b>
<b>April-May (25) Pds(30)</b>	<p><b>WORLD AROUND ME:</b> About Myself, I feel, School rules, My body, Sense organs, Colours, Blow the pinwheel, keeping clean, I can, Calm cloud watching (Pg. No: 4 to 13)</p> <p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Awesome art, Blow the pinwheel, Calm cloud watching, Dance freeze. (Pg No. 8 to 11)</p>
<b>June (18) Pds (19)</b>	<p><b>WORLD AROUND ME:</b> My family, my home, Types of houses, Construction materials (Pg. No: 14 to 20)</p> <p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Eye spy, Energetic exercises, Emotions. (Pg No. 12 to 16)</p>
<b>July (24) Pds (28)</b>	<p><b>WORLD AROUND ME:</b> Roll or slide, Parts of a computer, Uses of a computer, Seasons, Sunrise and sunset, Trees, Parts of a tree (Pg. No: 21 to 30)</p> <p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Fun with torchlight, Gratitude sharing, Have a tea party, Insightful inquiry. (Pg No. 17 to 20)</p>
<b>August (21) Pds (23)</b>	<p><b>WORLD AROUND ME:</b> Things we get from plants, from seed to plant, Parts of plants, Fruits, Vegetables (Pg. No: 31 to 35)</p> <p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> I feel, Journey with movement, Kindness project, Look, throw, and catch. (Pg No. 21 to 29)</p>
<b>September (14) + (3) Pds (17)</b>	<p><b>WORLD AROUND ME:</b> Revision of all previous topics</p> <p><b>WORLD AROUND ME:</b> Animal habitats, Land and water animals (Pg. No. 37 to 38)</p> <p>Revision for SLC *SLC</p>
<b>October (21) Pds (23)</b>	<p><b>WORLD AROUND ME:</b> Nighttime animals, Daytime animals, Animals under the ground, Animal Movement, Birds, Shared resources, Sources of water, Uses of water (Pg. No: 39 to 52)</p>

	<p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> My body my right, Money matters, Nature treasure hunt, Obstacle course partner, Play charades (Pg No. 30 to 40)</p>	
<p><b>November (10)</b> <b>Pds (12)</b></p>	<p><b>WORLD AROUND ME:</b> Rainwater harvesting, Forms of water, Saving my place (Pg. No: 53 to 55)</p>	
	<p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Quick actions, Rainbow breathing. (Pg No. 42, 43)</p>	
<p><b>December (24)</b> <b>Pds (26)</b></p>	<p><b>WORLD AROUND ME:</b> Disposing of trash, Land, Water, and Air transport, Traffic signs, Be safe on the road, Cause and effect, Effect of one object on another, of simple actions on objects (Pg. No: 56 to 66)</p>	
	<p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Salad tasting, Stay healthy, strong, Team sports, Texture treasure hunt. (Pg No. 44 to 48)</p>	
<p><b>January (20)</b> <b>Pds (22)</b></p>	<p><b>WORLD AROUND ME:</b> Our helpers, Places in our neighbourhood (Pg. No:67 to 69)</p>	
	<p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Understanding movements, volcano stretch, Water musical tubs, worry dolls. (Pg No. 49 to 56)</p>	
<p><b>February (21)</b> <b>Pds (24)</b></p>	<p><b>WORLD AROUND ME:</b> My country (Pg. No: 70)</p>	
	<p><b>WELLNESS AND WELL-BEING ACTIVITY BOOK:</b> Xenacious instruments, Yoga time, Zen mandalas. (Pg No. 57 to 60)</p>	
<p><b>March (5)</b></p>	<p>SLC Practice <b>*SLC</b></p>	