



SOM LALIT SCHAPTEROOL

ANNUAL PLANNER 2026-27

CLASS : XII

SUBJECT : PSYCHAPTEROLOGY

BOOK : NCERT

Months	Chapter Number & Name
April & May	Chapter 1: Variations in psychological attributes Practical: RSPM.
June	Chapter 2: Self and Personality Practical: SCQ.
July	Chapter 3: Meeting Life Challenges Practical: MPI.
August	Chapter 4: Psychological Disorders
September	Chapter 4: Psychological Disorders Chapter 5: Therapeutic Approaches
October	Chapter 5: Therapeutic Approaches Chapter 6: Attitude and Social Cognition Practical: AISS.
November	Chapter 7: Social Influences and Group Processes Practical: SCA.
December	Final Project Discussion and Revision.
January	Revision & Pre boards
February	Board exams
March	